

# THE ISMH NEWSLETTER 2023 NOV

# ISMH

INTERNATIONAL SOCIETY of MEDICAL HYDROLOGY and CLIMATOLOGY



**“The healing power of natural mineral water and climate: our concern for Science.”**

[www.ismh-direct.net](http://www.ismh-direct.net)

## The President word

*SCIENCE IS A POWERFUL MEAN OF UNION, CONNECTION AND COOPERATION BETWEEN PEOPLES.*

*WE LIVE IN TROUBLED TIMES: WARS IN EUROPE, THE MIDDLE EAST, AND SUB-SAHARAN AFRICA ARE THERE TO REMIND US THAT THE MOST PRECIOUS GOOD FOR PEOPLES IS PEACE BETWEEN NATIONS. MAY ISMH MAKE ITS STONE.*

C-F. ROQUES-LATRILLE, ISMH President



## 2024 ISMH 47<sup>th</sup> CONGRESS ROMANIA



Pr Gelu ONOSE, Assoc. Prof. Olga SURDU, Assoc. Prof. Constantin MUNTEANU have been commissioned by the ISMH Executive Board to organize the

### ISMH 47<sup>th</sup> World Congress

**CONSTANTA (Romania), 2024 May 23-25**

The International Society of Medical Hydrology and Climatology 47<sup>th</sup> World Congress will be held in Romania, Techirghiol Balneal Resort, between May the 23<sup>rd</sup> – 25<sup>th</sup>, 2024.

### SCIENTIFIC INFORMATION

The participants are asked to announce up to December 15<sup>th</sup> 2023 their intention to participate at

47<sup>th</sup> ISMH Congress (email [office@bioclima.ro](mailto:office@bioclima.ro) showing author's name and title of the paper).

**Abstracts submission deadline: 20<sup>th</sup> April 2024**

### Topics

- natural therapeutic factors with products (natural mineral water, peloids/muds, gases)
- mechanism of action of therapeutic factors;
- methodology of investigation;
- actual medical benefit in musculoskeletal, dermatological diseases, metabolic conditions, ageing, neurologic conditions, respiratory diseases, cardio-vascular conditions, post-cancer, stress related disorders, etc.);
- therapeutic use of natural elements (thalassotherapy, hydrotherapy/balneotherapy, halotherapy, drinking mineral waters, ...);
- balneology for post-COVID conditions;
- rehabilitation using natural therapeutic factors including rehabilitation in burns;
- balneotherapy in children;
- balneology and climate changes;
- economy, management, ...

### PRACTICAL INFORMATION

**Arrival:** Fly to Bucharest Henri Coanda International Airport or fly to Constanta Mihail Kogalniceanu International Airport.

**Transfer** from Bucharest airport to Techirghiol:

- by train – from airport to Bucharest North Railway station, continuing to Constanta Railway Station and Techirghiol (4 hrs) (10-25 €) (recommended);
- Renting a car (a lot of possibilities);
- by bus - airport – Techirghiol (4-5 hrs);
- by minibus – Airport – Techirghiol - at participants` request;

**Transfer from Constanta airport** to Techirghiol: by minibus at participants` request;

### Venue/Congress location

Techirghiol Sanatorium Conference Room (scientific and E-poster sessions).

**Accommodation** in hotels and villa in Techirghiol.

### ISMH Congress participation fee for members:

Early registration up to February 15<sup>th</sup>-125 €

February 16<sup>th</sup> – May 20<sup>th</sup> 200 €

May 20<sup>th</sup> up to the end of congress – 250 €

### ISMH Congress participation fee for non-members

Early registration up to February 15<sup>th</sup> - 200 €

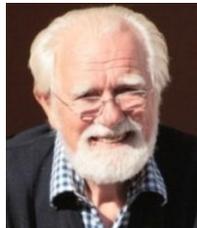
February 16<sup>th</sup> – May 20<sup>th</sup> 275 €

May 20<sup>th</sup> up to the end of congress – 325 €.

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## BALNEOLOGY MOURNS MEN OF EXCEPTION

### Pr Helmut Georg PRÄTZEL (1935-2023)



Pr Dr Helmut-G. Prätzel, born in Berlin, was first graduated in biochemistry then in medicine and was professor of physical medicine and balneology in Maximilian University in Munich. He was **twelve years long, the president of ISMH** (1991-2003).

He was the author of a lot of scientific papers published in German and international journals. His investigations were about Radon, sulfide, health resort medicine, transcutaneous physiology and therapy, pain control, immune status, climate, ... He was still a Visio-participant in the DAX 2021 ISMH Congress.

### Pr Umberto SOLIMENE (1942-2023)



Pr Dr Umberto Solimene, born in Milan, dedicated all his professional life to climate, balneology, and traditional medicine.

As General Secretary first, then **President of FEMTEC**, succeeding to Pr Dr Nicolai Storozhenko, he developed a very important activity about training, scientific and spa care facilities development, all around the world.

These last years, he showed an inexhaustible commitment, with eastern Europe countries, Russia (and a lot ex-soviet-union republics), China, central and south America, ... making possible an actual wider and worldwide diffusion and development of balneotherapy.

He maintained the recognition of FEMTEC as an NGO obtained 27 years ago (1996 September 25<sup>th</sup>, Dr Ebrard being FEMTEC President).

No one can replace such a man, and it will be difficult to succeed him, but the successor will have to maintain and develop the links with WHO and all the achievements in the development of spa medicine.

### Dr André AUTHIER (1947-2023)



A specialist in PRM, Rheumatology, Medical Hydrology, Dr André Authier (Born in Limoux, France), past **president of the French Society of Medical Hydrology**, acted for more than 30 years as a spa doctor in Rennes les Bains, a small resort of the South of France. As the mayor of the resort his endeavoring commitment saved the thermal care facility of disappearance. Author of a remarkable book about French balneotherapy heritage, he participated and contributed to organize ISMH, FEMTEC congresses, French-spanish meeting of balneology.

### Pr Adelino MARQUES (1931 – 2023)



Pr Dr Adelino Marques was a Cathedraic Professor of the Faculty of Medicine at the University of Coimbra (Portugal) ( "Medical Propaedeutic and Laboratorial Semiotics", "Nephrology" and "Ethics and Deontology") was also Founder and Head of the Nephrology Department of the University Hospital of Coimbra.

He has been President of the Portuguese Board of Nephrology (1976-1979), President of the Portuguese Society of Nephrology (1988-1991), President of National Committee of Dialysis and Transplant (1990-1993).

He was Regional President (Centre Region) of the Portuguese Medical Association ("Ordem dos Médicos") from 1975 to 1979 and one of the founders of the Bioethics Studies Centre and

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President of the Portuguese Committee of Ethics for Health (1990 -1997).

Clinical Director of the Portuguese Thermae of Gerês, Professor of Medical Hydrology at the University of Coimbra (till 1987), he was President of the Portuguese Society of Medical Hydrology (1977-1982) and President of the International Society of Medical Hydrology (ISMH), between 1980 and 1982. He organized the 1982 ISMH 29th World Congress which he organized with great success in the Azores.

## ISMH PRESENTS ITS CONDOLENCES TO THEIR FAMILIES AND FRIENDS

## 2022 ISMH CONGRESS SALSOMAGGIORE

The 46th Congress of the ISMH was held in Italy in Salsomaggiore Terme, spa resort in Emilia-Romagna of 20,000 inhabitants with numerous and pretty art-deco style buildings. Initially scheduled in June the congress had to be postponed from October 19 to 21, 2022 due to the difficulties linked to the Covid pandemic and the war in Ukraine.

Thanks to Professor Marco Vitale (Congress President) and Professor Antonella Fioravanti (Congress Co-Chair), the scientific program was of high quality.



### The topics of the 5 scientific sessions were

“Physiopathology and Mechanisms», «Rheumatology and Musculo-Skeletal conditions”, “Multi specialty DIVE session: Deep Insights Vein-lymphatic Education”, “Lifestyles, Metabolic, Dermatologic and other conditions”, “Rehabilitation and post-Covid”.

### The topics of the 6 lectures were

-“Water as a natural resource of bacteria shaping the human gut microbiome” (Professor M Ventura, Italy),  
-“Crenotherapy for respiratory diseases: a paradigm of mechanisms and effect on

pathophysiology” (Professor L. Taborda-Barata, Portugal),

-“Balneotherapy and pain of musculoskeletal conditions: what evidence?” (Professor C. F. Roques-Latrille, France),

-« Lifestyle Medicine for Leaders: How to use the six pillars to thrive” (Professor E. P. Frates, USA),

-“ Covid 19 and the musculoskeletal system: clinical framework and functional recovery programs” (Professor A. Frizziero, Italy)“ and

-“ISMH cooperation with universities, medical organizations and health authorities” (Professor Cantista, Portugal).

**In addition, 31 very interesting papers** were presented by speakers from 11 countries (Italy, Hungary, Austria, Romania, Spain, France, Bulgaria, USA, Argentina, Nigeria, Japan, and China).

Most lectures and selected presentations were on site, small number were via the web for speakers who were unable to make the trip.

Initially scheduled for Friday, October 21, **the ISMH General Assembly** had to be brought forward to Thursday, October 20 due to a technical problem completely independent of the congress (airport strike which precipitated the departure of President Pedro Cantista), which unfortunately prevented the holding elections for the renewal of the members of the Board. During this General Assembly took place the transmission of power between the former President Pedro Cantista and the new President Christian-François Roques (who had been elected during the General Assembly of the previous ISMH congress in Dax in 2021), the speeches of the former President and the new President, the moral report of the General Secretary (Alain Françon) and the financial report of the Treasurer (Araceli Muela Garcia). The ISMH Board thanks the organizers for holding a quality congress despite many unfavourable external circumstances.

A.FRANÇON



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**2023 ESPA CONGRESS  
KARLOVY VARY**

**ESPA congress Karlovy-Vary 2023, October 4-6.**

The European Spas Association congress was celebrated in Karlovy Vary (Czech Republic) from 4<sup>th</sup> to 6<sup>th</sup> of October 2023. ESPA, the Region of Karlovy Vary, the Medical Spas of Czech Republic and the Balneology Research Centre of Karlovy Vary co-organized the congress which met 300 participants from 29 countries. The main topic of the congress was: "European Spas, a Path to a Healthy Life".

The medical section was organized by the Balneology Research Centre of Karlovy Vary. In this section, ISMH was invited to participate, with the aim to develop cooperation in the future. ISMH was represented by the General Secretary, Dr. Ildikó Katalin Tefner MD PhD, who gave a lecture. The new elected chairman of the medical commission of ESPA is Prof. Dr. Patrick Carpentier MD. The participants of the congress formulated the "Karlovy Vary Spa Declaration" to support the medical spa activity (for more details see:

<https://europeanspas.eu/category/news/>).

I.K. Tefner



**Message from  
Our Treasurer  
Dr Araceli MUELA GARCIA**



**ISMH MEMBERS  
DON'T FORGET  
TO PAY YOUR  
2023 ISMH FEES**

<http://www.ismh-direct.net/tagsag.aspx>

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