

## V. HUNGARIAN – TURKISH BALNEOLOGICAL SYMPOSIUM

Hévíz, Hungary

7-10 June 2007



Venue: *Curehotel Hetesház \*\*\*\**  
8380 Hévíz, Dr. Schulhof Vilmos sétány 1.  
Internet: [www.spaheviz.hu](http://www.spaheviz.hu)



### ORGANISERS

Hungarian Balneological Society

Turkish Society of Spa Medicine and Balneology



## Organising Committee

Tamás Bender (*President of the Hungarian Balneological Society, Budapest*)  
 Pál Géher (*Director of Rheumatology and Physiotherapy Department of Semmelweis University, Budapest*)  
 Alice Sipos (*Head of the International Society of Medical Hydrology and Climatology Office, Budapest*)  
 M. Zeki Karagülle (*President of the Turkish Society of Spa Medicine and Balneology, Istanbul*)  
 Mine Karagülle (*Department of Medical Ecology & Hydroclimatology, Istanbul Medical Faculty, Istanbul University, Istanbul*)

### PROGRAMME OF THE SYMPOSIUM

#### 7 June 2007, Thursday

15.45	Arrival to Budapest Airport (TK 1437)
16.30	Transfer to Hévíz,
19.00	Check- in to the hotel
20.00	Dinner in the Restaurant

#### 8 June 2007, Friday

7.00 – 10.00	Breakfast
<b>10.00 – 13.00</b>	<b>Scientific Programme</b>
10.00 – 10.15	Opening ceremony
<b>10.15 – 11.25</b>	<b>Session I</b>
	<i>Chairmen: Tamás Bender, M. Zeki Karagülle</i>
10.15 – 10.30	<i>Karagülle MZ, Nagy G, Barut Y, Barna I, Karagülle M, Bender T:</i> Classical Hamam (Turkish bath) session is healthy; a study on physiological effects of a single Hamam use
10.35 – 10.50	<i>Bender Tamás, Oláh Mihály, Molnár Levente, Dobai József, Oláh Csaba, Fehér Judit:</i> Under water traction (weightbath therapy) A controlled pilot-follow up study
10.50 – 11.05	<i>Gürdal H:</i> Studies on the effects of spa therapy on endocrine functions
11.10 – 11.25	<i>Géher Pál:</i> Patients Satisfaction with spa facilities -survey
11.25 – 11.45	Break

11.45 – 13.00

11.45 – 12.00

12.05 – 12.20

12.25 – 12.40

12.45 – 13.00

13.00

17.00

18.00 – 23.00

#### Session II.

*Chairman: Géher Pál, Arif Dönmez*  
*Özçelik S, Akyol M, Cayir H:* Assessment of depression and anxiety in psoriatic patients treated in Kangal Spa  
*Kulisch Ágota, Szekeres László, Németh András:* The therapeutic effects of Celldömök thermal water in low back pain (LBP).  
*Kılıçoğlu Ö, Dönmez A, Temelli Y, Karagülle MZ:* Effects of balneotherapy on temporospatial characteristics of knee osteoarthritis patients  
*Opra Barna, Horváth Marianna, Tárczy Miklós:* Spas and medicinal waters of county Vas, Hungary

Lunch

Free Programme

Departure to the wine tasting in the Eszterházy Cellar

Hungarian Evening with music and dance

#### 9 June 2007, Saturday

7.00 – 10.00

10.00 – 13.00

13.00

14.00

Breakfast

Free Programme

Lunch

Departure to the ship excursion on the Lake Balaton (sightseeing in Keszthely: Festetics Castle, Marcipan Museum, Puppet Museum, Panoptic etc.).  
 Dinner in a nearby restaurant

#### 10 June 2007, Sunday

7.00 – 10.00

11.00

14.00

Breakfast

Transfer to Budapest

Check- in to the hotel Margaret Island, Budapest