

Second announcement

Aquatic Therapy Modular Course Package in Valens, Switzerland

Sunday May 10 – Friday May 22, 2009

Postgraduate Study Centre Valens, Rehabilitation clinic, CH-7317 Valens, affiliated to the Bad Ragaz Medical Centre. Info: Mrs. Gabriela Wyttenbach. Email: info@study-valens.ch Fax: +41 81 303 1410.

In partnership with the:

- Faculty of Rehabilitation Sciences, Katholieke Universiteit Leuven, Belgium (Aquaevideance network)
- Dutch Institute of Allied Health Care NPI, Netherlands
- Aquatic Therapy Section of the Association of Chartered Physiotherapists (UK)
- Australian Physiotherapy Association Aquatic Physiotherapy Group
- International Halliwick Therapy Network and The Aquatic Physical Therapy Foundation

Detailed information:

Johan Lambeck. Email: info@halliwick.net or for a .pdf flyer: www.halliwick.net at the opening page. Full course information can also be obtained from: http://www.klinik-valens.ch/de/study_centre/kurse.php?cat=13# (includes a photo impression in pdf)

Faculty: Urs Gamper, Anne Bommer, Johan Lambeck and guest-lecturers

This 9th edition continues to present the state of knowledge in aquatic therapy. Updated contents provide students with a comprehensive picture of current research that supports decision making, clinical reasoning, problem-solving and goal- setting in aquatic therapy.

This intensive postgraduate aquatic therapy course (124.4 academic contact hours) is unique in the world. Five aquatic treatment concepts form the practical implementation of an evidence based approach to therapy. Participants will experience a variety of patients during hands-on therapy in the pool, supervised by the lecturers. Included are a detailed handout, CD's, DVD's, plus beverages during coffee/tea breaks. Concepts:

- Halliwick: Ten-Point-Program and Water Specific Therapy
- The Bad Ragaz Ring Method, see www.badragazringmethod.org
- Aqua-T-Relax, passive relaxation including e.g. neurodynamics
- Ai Chi focused in postural control and influencing connective tissue
- Aquatic Fitness introduction and measurements
- Theoretical framework: Evidence Based Practice, the ICF, Dynamic Systems Model

The Halliwick and Bad Ragaz modules are certification modules (optional)

Comments by participants of the 2008 course:

Ross Piper, Aquatic Physiotherapist, Barwon Health – McKellar Centre, Victoria, Australia:

"The 2-week Valens Klinik Aquatic Therapy course draws together 4 expert tutors and supportive cast for an intensive, challenging and diverse applied learning experience. The obvious expertise of the tutors enables the exploration of best clinical practice from a number of quality perspectives supported by consistent reference to evidence based practice. The course had a strong clinical emphasis with expert tuition in client handling. Examination and practical hands on treatment sessions with inpatients were used to reinforce application in a variety of clinical scenarios. We had previously identified that our regional organisation needed expert clinical knowledge in the Aquatic Therapy field. Attending the course has enabled me the opportunity to become that expert. I feel like my attendance at Valens has been life changing as well as career defining."

Hulya Yucel PT/OT PhD, Hecettepe University, Ankara, Turkey:

I am very happy to have attended this course which I have aimed for four years. It was the most knowledgeable one that I have ever had in my life. The teachers gave us directly what we need in practice. The balance between theory and practice was made in a perfect way by instructors.