

INTERNATIONAL CONGRESS

Peloids

PROGRAM

21 - 22 March 2014, Bad Bayersoien, Germany

Scientific organizer

Prof. Dr. med. André - Michael Beer, Hattingen
Dr. med. Thomas Autenrieth, Saulgrub

Dear colleagues, practitioners and friends of peloid-therapy!

Peloids and its various forms of preparation and application have been successfully used separately and in combination with other remedies for centuries in clinical work.

The indications for peloid-therapy, as listed by spa resorts, are amazingly diverse and include skin and respiratory diseases, inflammatory and non-inflammatory rheumatic diseases, gynecological diseases and infertility, general susceptibility to infections and psychological fatigue.

Peloid-therapy was considered standard medical treatment in earlier internal medicine, pediatric, dermatology, Rheumatology, gynecology and orthopedic textbooks but many modern clinicians and scientists are skeptical of its efficacy despite its general acceptance and support by patients.

When a patient is interested in the possibilities of peloid-therapy at a spa or hospital, we should be able to answer, competently, the questions, "What is, in fact, peloid-therapy" and "What form of peloid-therapy's effectiveness has been scientifically proven or at least confirmed through clinical experience?"

The aim of the conference is to provide the very best possible forum for answers to clinically relevant questions. Which indications are applicable and which are no longer pertinent? There will be more than enough time for critical discussion and discussions of new scientific research will be especially welcome with interest.

At our last Peloid Symposium held in March of 2012 at Clinic Blankenstein, Hattingen, Germany, much new research information was presented. For example, it was previously thought that only the thermal-physical effects of peat were of primary importance. But it has become increasingly clear that peat's biological effects also play a very significant role in treatment which has led us to increase research in this direction.

I'm hoping for and wishing you all an informative conference with lively and interesting discussion among the warm and friendly atmosphere of fellow balneologists and beautiful surroundings of Spa Bayersoien.

I remain respectfully yours,

André-Michael Beer

PROGRAM FRIDAY, 21 MARCH 2014

9.00 – 9.15

Opening

Welcome
André-Michael Beer, Hattingen/Bochum
Christian Loth, Geschäftsführer, Oberammergau

9.15 – 11.00

Lectures

- 9.15 Peloidtherapie heute aus der Sicht von Ökonomie, Ökologie und Tourismus
Christian Loth, Oberammergau
- 9.35 Klimawirksamkeit von Torf
Gerfried Caspers, Hannover
- 10.00 Peloidtherapie: State of the art
André-Michael Beer, Hattingen/Bochum
- 10.20 Herkunft der biologischen Aktivität von Torf
Julian Lukanov, Sofia, Bulgaria

11.00 – 11.30

Coffee break

11.30 – 13.15

Peloid -Therapy: Evidence of effectiveness

Chair: André-Michael Beer

- 11.30 Konzept zur wissenschaftlichen Begleitung ausgewählter Kurbetriebe in den Moorheilbädern der Ammergauer Alpen
Melinda Goertz, Bad Kohlgrub
- 12.20 Ergebnisse der wissenschaftlichen Begleitung in den Moorheilbädern der Ammergauer Alpen
Karl-Rüdiger Wiebelitz, Perleberg

13.30 – 14.30

Lunch break

14.30 – 16.00

Peloid -Therapy: Evidence of efficacy and effectiveness

Chair: Julian Lukanov, Karl-Rüdiger Wiebelitz

- 14.30 Kinderwunsch und Moortherapie: Eine Legende?
André-Michael Beer, Hattingen/Bochum
- 14.45 Vaginale Moorbehandlung bei Areaktivität des Endometriums
Robert Kovarik, Paraguay
- 15.00 Im Moor zum inneren Gleichgewicht-Ein ganzheitliches Programm zur Stressbewältigung und Burnout-Prävention in Bad Aibling
Dieter Frisch, München

15.15	A pilot study of the influence of the finnish peat sauna to the climacteric symptoms Leena Larva, Riitta Korhonen, Metsäkansa, Finland
15.30	Doppelblinde randomisierte Studie zur Wirksamkeit und Unbedenklichkeit einer Torfcreme bei idiopathischer zervikaler Dystonie Nicole Matthäi, Lauterhofen
15.45	Ergebnisse einer Anwendungsbeobachtung zur Hautverträglichkeit von Torfextrakt André-Michael Beer, Hattingen/Bochum
16.00 – 16.15	Discussion
16.15 – 16.45	Coffee break
16.45 – 18.00	Peloid –Therapy: Evidence of effects Chair: Leena Larva, Francisco Maraver
16.45	Peloid therapy and spa research in Iberoamerica Francisco Maraver, Carla Morer, Iciar Vázquez, Francisco Armijo, Iluminada Corvillo, Ana Maria Monasterio, José Luis Legido, Maria Isabel Carretero, Manuel Pozo, Rafael Delgado, Celso Gómez
17.00	Thermal profile comparison between two products that may be used as the solid component in peloid preparations Francisco Armijo, Iciar Vázquez, Carla Morer, Iluminada Corvillo, Francisco Maraver
17.15	The study of the chemical and pharmacological properties of the mineral resources (peloids and clays) of Adjara region, Georgia T. Masiukovich, A. Gaprindashvili, E. Akyüz Turumtay, N. Antelava, N. Kakulia, D. Berashvili, A. Bakuridze, Tbilisi, Georgia
17.30	Humic substances from mud of Lake Saky (Crimea) for balneological purposes Leena Larva, V. N. Kreshtapova, O. N. Uspenskaya, V. B. Kreshtapov, Moskau, Russia
17.45 – 18.00	Discussion
18.15 – 19.00	Walking around the Lake Soier See, after returning: Get together , Lounge , Park-Hotel
19.15	Congress Dinner at Park-Hotel

PROGRAM SATURDAY, 22 MARCH 2014

9.00 – 10.00

Peloid –Therapy: Various aspects

Chair: Thomas Autenrieth, Julian Lukanov

9.00

Sammelkasuistik zur Anwendung von Moorpräparaten in der
Pferdeernährung
Manfred Heßel, Waltrop

9.15

SIVASH-Peloidtherapie spart den Krankenkassen und
Arbeitgebern Geld – Neue Erfahrungen aus den letzten Jahren
Alexey Layer, Karlsruhe

9.30

Integration von Mooranwendungen in die privatliquidierte Spa-
Szene
Paul Haslauer, Mitterfelden

9.45 – 10.00

Discussion

10.00 - 10.15

Coffee break

10.15

Round Table

Moderation: André - Michael Beer

Ist die Moortherapie noch zeitgemäß?

Is Peat-Therapy still relevant?

Prof. Dr. med. Julian Lukanov, Sofia, Bulgaria

Paul Haslauer, Mitterfelden

Christian Loth, Oberammergau

Dr. med. Thomas Autenrieth, Bad Bayersoien

Prof. Dr. med. Hans-Harald Riedel, Bad Feilnbach

11.15

Summary

André-Michael Beer, Hattingen

11.30

End of conference

Chairpersons and Speakers

Armijo, Francisco

Professional School of Medical Hydrology, Faculty of Medicine, Complutense University of Madrid, Madrid, Spain

Autenrieth, Thomas

Dr. med., Facharzt für Allgemeinmedizin, Badearzt, Saulgrub, Germany

Beer, André-Michael

Prof. Dr. med., Klinik Blankenstein, 45527 Hattingen, Germany

Caspers, Gerfried

Dr. med., Deutsche Gesellschaft für Moor und Torfkunde e.V., Hannover, Germany

Frisch, Dieter

Dipl. Sportökonom, Fachbereich Versorgungsforschung Kurortmedizin / Medizinische Klimatologie, Lehrstuhl für Public Health und Versorgungsforschung (IBE) München, Germany

Goertz, Melinda

Fachärztin für Allgemeinmedizin, Bad Kohlgrub, Germany

Haslauer, Paul

Mitterfelden, Germany

Heßel, Manfred

Dipl.-Ökologe, Waltrop, Germany

Kovarik, Robert

MUDr./Univ.Prag, Facharzt für Frauenheilkunde, Fernando de la Mora, Paraguay

Larva, Leena

MD, Gynecologist, Aino Klinikat Oy, Metsäkansa, Finland
IPC Scientific Advisory Board member; Commission VI: Peat ballneology, medicine and therapeutics; Finland
V.V. Dokuchaev Soil Science Institute, Russian Academy of Agricultural Sciences, Moscow, Russia

Layer, Alexey

Alnova, Karlsruhe, Germany

Loth, Christian

Geschäftsführer Ammergauer Alpen GmbH, Oberammergau, Germany

Lukanov, Julian

Prof. Dr. med., ehemaliger Lehrstuhlleiter für Biophysik, Sofia/Bulgaria

Maraver, Francisco

Professional School of Medical Hydrology, Faculty of Medicine, Complutense University of Madrid, Madrid, Spain

Masiukovichi, T.

The department of technology
The department of medical pharmacology and pharmacotherapy
Tbilisi State Medical University, Georgia

Matthäi, Nicole

Ärztin, Lauterhofen, Germany

Riedel, Hans-Harald

Prof. Dr., Facharzt für Frauenheilkunde,/gynäkologische Onkologie
Bad Feilnbach, Germany

Wiebelitz, Karl-Rüdiger

Dr. med., Facharzt für Kinderheilkunde, Perleberg, Germany

Host

Ammergauener Alpen GmbH

Scientific Organisation

Deutsche Gesellschaft für Moor- und Torfkunde (DGMT)

in Cooperation with

1. Deutscher Heilbäderverband e.V.
2. Sektion VI der Deutschen Gesellschaft für Moor- und Torfkunde, DGMT
3. Arbeitsgemeinschaft Balneologie, Physiotherapie, Rehabilitation und Akupunktur in der Deutschen Gesellschaft für Gynäkologie und Geburtshilfe
4. Vereinigung für Bäder – und Klimaheilkunde e.V.
5. Institut für angewandte physikalische Therapie, Vlotho
6. Verband Deutscher Badeärzte e.V.

Scientific Organizer

Prof. Dr. med. André – Michael Beer, Hattingen
Dr. med. Thomas Autenrieth, Saulgrub

Language

English and German (without translation), some lectures will be in German

Conference Venue

Parkhotel am Soier See, Am Kurpark I, 82435 Bad Bayersoien, Germany

Conference fee

Regular Conference fee: € 70, -
Reduced rate for members of cooperating society DGMT (with ID): € 50, -
Reduced rate for students (with ID): € 20, -
Chairpersons and speakers: free

The Conference fee includes

- **Book of Abstracts**
- **Coffee breaks**
- **Get together at Park Hotel am Soier See on Friday, March 21 st (18.15)**

Conference Dinner on Friday, March 21nd (not included in the conference fee)

Organisation, Information, Registration

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