INSTRUCTIONS TO CONTRIBUTORS, Balneology

*Balneology* is an international scientific journal dealing health resort medicine, balneology, crenobalneotherapy, spa therapy, thalassotherapy, hydrotherapy, aquatic therapy, water therapy, medical hydrology and climatology. Includes all medical activities originated and derived in health resorts based on scientific evidence aiming at health promotion, prevention, therapy and rehabilitation. Also the study of substances used for health resort medicine: waters (medical mineral water, natural mineral water, sea water, tap water), medical peloids, and natural gases.

*Balneology* is the official publication of the International Society of Medical Hydrology and Climatology (ISMH) and the Professional School of Medical Hydrology and Hydrotherapy, Faculty of Medicine, Complutense University of Madrid (UCM). Articles are published in English. Regular sections include original articles reporting clinical or basic research, review articles, editorials, and letters to the Editor.

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1. **Original articles**

   **Document form:**
   - Double spaced, with margins of 2.5 cm and numbered pages.
   - The manuscript should not exceed 5,000 words, counting the title page and all other pages except tables.
   - It consists of two separate documents: first page and manuscript.
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   - Full title (fewer than 150 characters).
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   - Research center(s) the author(s) is(are) affiliated with (department, institution, city and country) and source(s) of funding, if any.
   - Full postal address, telephone and fax number and e-mail address of the corresponding author, to whom all communication and proofs will be sent.
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   **Structured abstract**
   - The abstract (maximum 250 words) should be structured in four sections: a) Introduction and objectives; b) Methods; c) Results, and d) Conclusions.
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From 3 to 10 key words are to be appended to the abstract. Key words should preferably be chosen from the Medical Subject Headings (MeSH) of the National Library of Medicine. Available at: www.nlm.nih.gov/mesh/meshhome.html

Text

The body of the article should consist of the following sections: a) Introduction; b) Methods; c) Results; d) Discussion; and e) Conclusions or Clinical Implications. Sections should be appropriately subdivided and subtitled.

Abbreviations are used, which have been adequately explained. Also indicate the first time they appear in the text of the article.

Acknowledgments should appear at the end of the text.

References

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References include no mention of personal communications or unpublished data.

Medical journals are referred to with the abbreviated titles that are used by Index Medicus: List of Journals Indexed, as they are published in the January issue of each year. Available at: www.ncbi.nlm.nih.gov/entrez/citmatch_help.html#JournalLists.

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A maximum of 40 bibliographical references will be allowed.

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Example:

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Personal author(s). Example:

Chapter of a book. Example:
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